

The background of the entire image is a photograph of a person with long blonde hair, seen from the side, working on a laptop inside a van. The van's interior is visible, including a shelf with a small potted plant and a red patterned bag. The van is parked outdoors, with a blurred natural landscape visible through the windows.

#0: How to Become a digital nomad in 7 Steps

WITHOUT BEING RICH OR
BEING A CELEBRITY

BECOME A DIGITAL NOMAD

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A person with a bun, wearing a green shirt and blue shorts, sits on a large rock by the ocean. They are using a laptop. The ocean is in the background, and the word "Welcome" is written in a white, cursive font over the image.

Welcome

You didn't start traveling just to tick boxes off a list.

You came because something inside you whispered:

"This life... could be different."

You've met people making money online, working from cafés, staying on the road for months or years.

And now you're thinking... how do I do that too?

- You don't need to **be rich**.
- You don't need to be a **tech expert**.
- You just need to follow the **right steps**.

Let's get started 👉

Who are we, anyway?



We're Sonia and Javier.

In 2024, feeling worn out by the usual grind of life, we made the decision to put all our travel knowledge and research to the test and set off on a round-the-world adventure with no return ticket in sight.

For years, we've explored and tried out various methods to earn money online, and because of that, we're true digital nomads, working entirely online while traveling the globe.

Today, we're using all our experience to help those who want to live a life of freedom. We've assisted many people in reaching this goal, and we're eager to keep doing so.

If we can do it, so can you.

How to Become a Digital Nomad in 7 Steps

(Chapters linked)

- Chapter 1: shift your mindset
- Chapter 2: choose the right base to start
- Chapter 3: start earning online (no experience needed)
- Chapter 4: set up your basic tools
- Chapter 5: embrace minimalism (and pack light)
- Chapter 6: understand your nomad type
- Chapter 7: get organized and use smart travel tricks



1. SHIFT YOUR MINDSET

Before you open your laptop, open your mind.

- Stop saying:
"I'll travel until I run out of money."
- Start asking:
"How can I keep traveling... and get paid to do it?"

Being a digital nomad isn't about luck.

It's:

- A decision.
- A skillset.
- A lifestyle.



And it starts the moment you choose it.



2. 🌍 CHOOSE THE RIGHT BASE TO START

You don't need a dream destination. You need a smart one.

Pick a place that offers:

- Low cost of living
- Reliable Wi-Fi
- Friendly visa rules
- A digital nomad community (optional, but helpful)

Think Latin America, Southeast Asia, Eastern Europe.

Places where your money goes further while you build your new life.

From a tax perspective, there are some very interesting destinations. As tax nomads, by being able to constantly move around and work online, we can take advantage of each country's tax system from a distance.

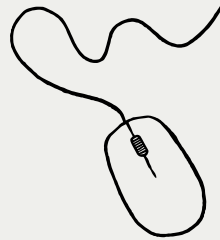
3. **START EARNING ONLINE (NO EXPERIENCE NEEDED)**

Start simple. Start fast. Start now.

You don't need to love it forever — you just need your first online income.

Examples:

- Freelance writing / translation
- Virtual assistant tasks
- Customer support
- Remote jobs on job boards
- Selling your skills or knowledge
- Affiliate marketing
- Sales closer and setter
- Video/sound editing
- Consultings



 Even €200/month can change everything when you're abroad. Just get your first client.

4. SET UP YOUR BASIC TOOLS

Get your digital backpack ready:

- A decent laptop
- Email, Zoom, Google Drive
- A clean portfolio (Notion, Canva, PDF — whatever works)
- Payment accounts: PayPal, Wise, Revolut
- Accounts on platforms like Upwork, Fiverr, Freelancer

You don't need to be a tech wizard. Just stay organized and consistent.





5. ❤️ EMBRACE MINIMALISM (AND PACK LIGHT)

Being a digital nomad isn't about having more.

It's about needing less.

- Travel light = move fast and spend less
- Buy what you need, not what you want
- Choose quality over quantity
- Keep your digital life simple too (apps, passwords, files)

The less you carry, the freer you feel 🌍

🔍 Do this:

- Cancel unused subscriptions
- Scan your paperwork (using Google Drive or Notion)
- Sell your excess
- Create a travel savings account

🗋️ Can you go away for a month with your backpack tomorrow? If not, cut back until you can

6. UNDERSTAND YOUR NOMAD TYPE

Not all nomads are the same. Knowing your style helps you plan better:

- 🌱 Slowmads — Stay in each place for months, go deep
- 🚐 Freelancers on the move — Jump from project to project
- 🧑 Remote workers — Have a stable job, just not a fixed location
- 🧠 Creators & entrepreneurs — Build their own thing while exploring

Pick what fits you — and evolve as you go.



7. 🧩 GET ORGANIZED & USE SMART TRAVEL TRICKS

You don't need to plan everything. But you do need systems.

- Use apps like Notion, Google Calendar, or Triplt
- Track your expenses and income
- Book flights with points or alerts (Skyscanner, WayAway, etc.)
- Find nomad-friendly spots (NomadList, Hostelworld reviews)
- Always know: how long you can stay, what visa you need, and where to go next

🧠 The more organized you are, the more spontaneous you can be.



How to Become a Digital Nomad

by: @esteesnuestrorollo.viajando

This isn't a vacation. It's a decision.

More and more people are choosing freedom — not someday, but **now**.

We weren't born to sit in offices and count down the days.

You feel it, don't you?

That whisper inside saying:

"There's more to life than this."

If you loved this ebook... imagine having the **full path** in your hands.

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This is your moment.